Awareness cum Screening camp held in Mangan to mark International Day of the Girl Child

Mangan, October 15: To mark the International Day of the Girl Child, a special awareness programme was organised at North Sikkim Academy, Mangan, with the participation of officials from the Health Department and WCSCDWD.

Deputy Director-cum-CDPO Mangan, Ms. Sonam Lhaden Lachungpa, highlighted the significance of the day and sensitised the students on menstrual hygiene and management.

Awareness was also imparted on the Beti Bachao Beti Padhao (BBBP) Scheme of the Government of India.

The programme was done in coordination with the RCH Division of DHM Mangan.

Dr. Tshering Zomba, DRCHO, District Hospital Mangan, sensitised the students on anaemia, HPV vaccination and deworming, while DPHNO Ms. Peden Bhutia provided detailed information on anaemia and its prevention.

An anaemia screening camp was also conducted during the programme. Around 100 girls were screened by Sr LHV Smt Tara Basnett. The students were provided with counselling and IFA tablets as required.

Further, individual counselling was provided to girls identified with anaemia by CDPO Mangan and Nutrition Inspector Mr Sonam Namgyal Bhutia, with emphasis on proper nutrition, adherence to IFA supplementation and the importance of regular health care.

The programme served as a meaningful platform to empower adolescent girls with knowledge on health, nutrition & menstrual hygiene, while promoting a supportive and informed environment for their overall well-being.

- Press Release from Women, Child, Senior Citizen and Divyangjan Welfare Department, Mangan District

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